

### Claims

1. Application of phytosteroids (and isomers thereof), folic acid, cyanocobalamin and pyridoxine in dietetic (alimentary) fibers characterized mainly by ergosterol, stigmasterol, betasitosterol, campesterol and betasitostanol.
2. The presentation may be in the form of powder, sugarcoated pills, capsules, tablets, pastes, different emulsions, granulates and concentrated emulsions.